

## Essay on Pollution in 150 words

Pollution is a big problem for our planet. It refers to the introduction of harmful substances or contaminants into the environment, causing damage to living organisms and natural habitats. There are several types of pollution, including air, water, soil, and noise pollution.

Air pollution arises from emissions of harmful particles and gases into the atmosphere, primarily from vehicles, industries, and burning of fossil fuels. It leads to respiratory problems, heart diseases, and can even contribute to climate change.

Water pollution takes place when chemicals or waste materials enter rivers, lakes, or oceans. It

harms aquatic life and makes water unsafe for humans.

Soil pollution is the contamination of soil by harmful chemicals, waste, or pollutants. It reduces crop yield, contaminates water and harms wildlife.

Noise pollution is the excessive or disturbing noise mainly caused by traffic, industries, and urbanization. It can lead to stress, sleep disturbances, and hearing loss.

To reduce pollution, we must use less plastic, recycle and save energy by turning off lights. Planting trees, properly disposing of waste and using public transport can also help reduce pollution.